## Terry Woody, BSN, RN, NCSN



- Terry Woody holds a Bachelor's Degree in Nursing from Virginia Commonwealth University. She worked as a Registered Nurse in acute medical care settings for many years before transitioning to school health. She has been a school nurse for 14 years and is currently the Health Services Coordinator for Hanover County Public Schools. She is a National Certified School Nurse.
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## What Can I Do? Be Proactive

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# What is in your medication cabinet?

## Got Leftover Medicine?

- Seven out of ten people who abuse prescription drugs get them from friends or family members.
- Among children, emergency room visits for accidental drug poisonings are twice as common as poisonings for other household products.
- Proper disposal of unused medications is a safe way to make sure that they are not available for misuse or accidently ingested by children or pets.

## **Proper Disposal of Medications**

### Drop Off

- Select Pharmacies
- Police Stations
- National Take Back Drug Days

#### Mail Back

- Mail Back Envelopes at select pharmacies
- Commercial companies that sell mail back envelopes that you can hand to mail carrier or take to the post office

#### Home Disposal

- Remove medications from original containers.
- Mix the medication in an undesirable substance, such as kitty litter, or coffee grounds
- Place in a container with a lid or sealable baggie
- Place in the trash, unless otherwise advised.

## National Prescription Drug TAKE BACK DAY

Turn in your unused or expired medication for safe disposal October 28, 2017

unused

## **Resources for Medication Disposal**

https://www.deadiversion.usdoj.gov.

Information on where a take back program is close to you

https://www.oag.state.va.us/programs-initiatives/drug-take-back-program

Office of the Attorney General with directions for proper disposal of prescription drugs

https://nabp.pharmacy/initiatives/awarxe/

National Association of Boards of Pharmacy

www.productstewardship.us/GoToGuide

http://disposemymeds.org/medicine-disposal-locator/

http://rxdrugdropbox.org/map-search/

## Naloxone

Naloxone is a medication approved by the Food and Drug Administration (FDA) to prevent overdose of opioids such as heroin, morphine, and oxycodone.

Naloxone is the first line of treatment for an opioid overdose

Naloxone is the generic name of the medication

## Brands of Naloxone





#### **REVIVE!** OPIOID OVERDOSE AND NALOXONE EDUCATION FOR VIRGINIA

REVIVE! is the Opioid Overdose and Naloxone Education (OONE) training program for Virginia.

Led by Virginia Department of Behavioral Health and Developmental Services and working collaboratively with Virginia Department of Health, the Virginia Department of Health Professions, various recovery community organizations, and other stakeholders.

Training is provided to professionals and the lay rescuer on how to recognize and respond to opioid overdose emergency with the administration of naloxone.

http://www.dbhds.virginia.gov/individuals-and-families/substance-abuse/revive

## Naloxone – Virginia's Statewide Standing Order

- Date Issued: November 21st, 2016 This order authorizes pharmacists who maintain a current active license practicing in a pharmacy located in Virginia that maintains a current active pharmacy permit to dispense one of the following naloxone formulations in accordance with § 54.1-3408 and the current Board of Pharmacy-approved protocol. This order is effective for 2 years from the date issued, unless otherwise discontinued by the Commissioner or upon her resignation, removal, or retirement. The pharmacy must maintain a copy of the standing order if dispensing naloxone pursuant to the order.
- Bremo Pharmacy, Select Rite Aid and Walgreen Drugstores stock Naloxone for a cost range between \$70 and \$150 for a two unit dose, depending on the formulation.
- Local Health Departments are now dispensing Narcan Nasal Spray at no charge for those in need.

## How Public Schools Handle Possible Opioid Emergencies The 4 R'S Recognize



Reverse

Respond

Refer

# YOU CAN DO IT !

## **Be Proactive**